

# I TORNEIO ACRO

1 divisão, base, infantis e níveis

29 janeiro

COMPLEXO MUNICIPAL  
DE GINÁSTICA DA MAIA

Organização



Apoio



# I Torneio Aberto de Ginástica Acrobática 2023

## BASE

| Lista de Juízes |                 |     |                |
|-----------------|-----------------|-----|----------------|
| CPJ             | Alfredo Pereira | CPJ | Samuel Sá      |
| JD              | Ana Santos      | JD  | Filipa Correia |
| A1              | Alfredo Pereira | A1  | Samuel Sá      |
| A2              | Ana Santos      | A2  | Filipa Correia |
| A3              | Sofia Viana     | A3  | Paulo Pereira  |
| A4              | Jorge Teixeira  | A4  | Bruno Pinto    |
| E1              | Alfredo Pereira | E1  | Samuel Sá      |
| E2              | Ana Santos      | E2  | Filipa Correia |
| E3              | Cláudia Martins | E3  | Henrique Silva |
| E4              | Inês Pértiga    | E4  | Inês Luz       |

## I Torneio Aberto de Ginástica Acrobática - 2023

### BASE

#### INICIADOS - Par Femininos

| RK | Par   | Grupo                        | D | "D"<br>Score | E1    | E2    | E3    | E4    | "E"<br>Score  | A1    | A2    | A3    | A4    | "A"<br>Score | CJP<br>Ded.  | D<br>Ded.    | Other<br>Ded. | Final<br>Score |
|----|-------|------------------------------|---|--------------|-------|-------|-------|-------|---------------|-------|-------|-------|-------|--------------|--------------|--------------|---------------|----------------|
| 1  | EVS   | Simão, M.<br>Teixeira, M.    |   | <b>0,400</b> | 8,500 | 8,500 | 8,200 | 8,100 | <b>16,700</b> | 8,300 | 8,100 | 8,100 | 8,000 | <b>8,100</b> |              |              |               | <b>25,200</b>  |
| 2  | EVS   | Lima, N.<br>Paiva, M.        |   | <b>0,100</b> | 7,800 | 7,800 | 8,300 | 8,600 | <b>16,100</b> | 7,800 | 7,500 | 7,400 | 7,500 | <b>7,500</b> |              |              |               | <b>23,700</b>  |
| 3  | GDCIC | Oliveira, L.<br>Ferreira, M. |   | <b>0,000</b> | 7,400 | 7,300 | 7,300 | 7,000 | <b>14,600</b> | 6,900 | 7,000 | 7,200 | 7,200 | <b>7,100</b> | <b>0,200</b> |              |               | <b>21,500</b>  |
| 4  | C A4  | Freitas, L.<br>Fernandes, M. |   | <b>0,200</b> | 7,200 | 7,300 | 7,200 | 7,400 | <b>14,500</b> | 6,900 | 7,000 | 7,000 | 6,800 | <b>6,950</b> | <b>0,300</b> |              |               | <b>21,350</b>  |
| 5  | ACM   | Ferreira, L.<br>Barreira, S. |   | <b>0,200</b> | 7,300 | 7,300 | 7,300 | 7,700 | <b>14,600</b> | 7,700 | 7,500 | 7,400 | 7,500 | <b>7,500</b> | <b>1,000</b> |              |               | <b>21,300</b>  |
| 6  | C A4  | Silva, G.<br>Freitas, C.     |   | <b>0,200</b> | 6,600 | 6,600 | 6,200 | 7,100 | <b>13,200</b> | 7,000 | 7,000 | 7,200 | 7,300 | <b>7,100</b> | <b>1,900</b> |              |               | <b>18,600</b>  |
| 7  | GDCIC | Fã, M.<br>Cruz, M.           |   | <b>0,100</b> | 7,300 | 7,100 | 7,200 | 6,900 | <b>14,300</b> | 7,000 | 7,000 | 7,100 | 7,000 | <b>7,000</b> | <b>0,300</b> | <b>2,600</b> |               | <b>18,500</b>  |
| 8  | AGPVI | Moreira, G.<br>Miranda, A.   |   | <b>0,100</b> | 6,800 | 6,700 | 6,900 | 6,700 | <b>13,500</b> | 6,500 | 6,700 | 6,900 | 7,000 | <b>6,800</b> |              | <b>2,200</b> |               | <b>18,200</b>  |



|    |   |              |       |       |       |       |               |       |       |       |       |              |       |               |
|----|---|--------------|-------|-------|-------|-------|---------------|-------|-------|-------|-------|--------------|-------|---------------|
| 7  | ACM<br>Lopes, L.<br>Leite, B.<br>Soares, B.       | <b>0,200</b> | 7,400 | 7,600 | 7,200 | 7,800 | <b>15,000</b> | 7,100 | 7,100 | 7,500 | 7,500 | <b>7,300</b> |       | <b>22,500</b> |
| 8  | ACM<br>Frutuoso, V.<br>Barbosa, M.<br>Guedes, L.  | <b>0,200</b> | 7,700 | 7,500 | 7,800 | 7,700 | <b>15,400</b> | 6,800 | 7,100 | 7,100 | 7,000 | <b>7,050</b> | 0,300 | <b>22,350</b> |
| 9  | GMS<br>Freitas, M.<br>Costa, M.<br>Madsen, C.     | <b>0,200</b> | 7,600 | 7,200 | 7,500 | 7,600 | <b>15,100</b> | 6,700 | 6,900 | 7,100 | 7,100 | <b>7,000</b> |       | <b>22,300</b> |
| 10 | GDCIC<br>Simões, F.<br>Silva, A.<br>André. A.     | <b>0,100</b> | 8,000 | 7,800 | 8,000 | 7,800 | <b>15,800</b> | 7,300 | 7,200 | 7,300 | 7,400 | <b>7,300</b> | 1,000 | <b>22,200</b> |
| 11 | AGPVI<br>Moura, M.<br>Costa, A.<br>Ribeiro, F.    | <b>0,300</b> | 7,200 | 7,100 | 7,200 | 7,500 | <b>14,400</b> | 6,800 | 7,100 | 7,200 | 7,300 | <b>7,150</b> |       | <b>21,850</b> |
| 12 | ACM<br>Duarte, F.<br>Camisa, M.<br>Rocha, M.      | <b>0,200</b> | 7,000 | 6,800 | 7,300 | 7,900 | <b>14,300</b> | 7,200 | 7,200 | 7,400 | 7,500 | <b>7,300</b> |       | <b>21,800</b> |
| 13 | ACM<br>Cunha, M.<br>D'Almeida, R.<br>Boavista, M. | <b>0,300</b> | 7,300 | 7,300 | 7,100 | 7,200 | <b>14,500</b> | 7,100 | 7,100 | 7,300 | 7,400 | <b>7,200</b> | 0,600 | <b>21,400</b> |

|    |  |              |       |       |       |       |               |       |       |       |       |              |       |               |
|----|--|--------------|-------|-------|-------|-------|---------------|-------|-------|-------|-------|--------------|-------|---------------|
| 14 | ACM<br>Santos, M.<br>Sousa, L.<br>Bastos, D.       | <b>0,200</b> | 7,000 | 7,000 | 7,300 | 7,300 | <b>14,300</b> | 7,000 | 7,100 | 7,300 | 7,400 | <b>7,200</b> | 0,300 | <b>21,400</b> |
| 15 | AGPVI<br>Castro, A.<br>Chacim, M.<br>Santos, S.    | <b>0,200</b> | 7,100 | 7,100 | 6,700 | 7,000 | <b>14,100</b> | 6,900 | 6,900 | 7,000 | 7,000 | <b>6,950</b> |       | <b>21,250</b> |
| 16 | GDCIC<br>Oliveira, M.<br>Almeida, L.<br>Macedo, M. | <b>0,200</b> | 7,000 | 7,000 | 7,000 | 7,600 | <b>14,000</b> | 6,900 | 6,900 | 7,200 | 7,100 | <b>7,000</b> | 0,300 | <b>20,900</b> |
| 17 | GDCIC<br>Vaz, M.<br>Couto, L.<br>Ferreira, N.      | <b>0,200</b> | 7,200 | 7,200 | 7,500 | 7,500 | <b>14,700</b> | 7,000 | 7,100 | 7,200 | 7,200 | <b>7,150</b> | 1,300 | <b>20,750</b> |
|    | BFC<br>Portela, S.<br>Gonçalves, L.<br>Freitas, F  | <b>0,000</b> | 0,000 | 0,000 | 0,000 | 0,000 | <b>0,000</b>  | 0,000 | 0,000 | 0,000 | 0,000 | <b>0,000</b> |       | <b>0,000</b>  |

## I Torneio Aberto de Ginástica Acrobática - 2023

### BASE

#### JUVENIS - Par Feminino

| RK | Par   | Grupo                          | D | "D"<br>Score | E1    | E2    | E3    | E4    | "E"<br>Score  | A1    | A2    | A3    | A4    | "A"<br>Score | CJP<br>Ded. | D<br>Ded. | Other<br>Ded. | Final<br>Score |
|----|-------|--------------------------------|---|--------------|-------|-------|-------|-------|---------------|-------|-------|-------|-------|--------------|-------------|-----------|---------------|----------------|
| 1  | EVS   | Paredes, T.<br>Machado, I.     |   | <b>0,500</b> | 8,500 | 8,500 | 8,400 | 7,900 | <b>16,900</b> | 7,300 | 7,300 | 7,400 | 7,300 | <b>7,300</b> |             |           |               | <b>24,700</b>  |
| 2  | ACM   | Babo, S.<br>Teixiera, L.       |   | <b>0,500</b> | 8,200 | 8,300 | 8,200 | 8,400 | <b>16,500</b> | 7,400 | 7,600 | 7,700 | 7,800 | <b>7,650</b> |             |           |               | <b>24,650</b>  |
| 3  | EVS   | Pereira, M.<br>Martins, L.     |   | <b>0,500</b> | 8,300 | 8,300 | 8,200 | 8,100 | <b>16,500</b> | 8,100 | 7,900 | 7,500 | 7,500 | <b>7,500</b> |             |           |               | <b>24,500</b>  |
| 4  | ACM   | Damas, M.<br>Silva, M.         |   | <b>0,500</b> | 8,300 | 8,300 | 8,000 | 7,800 | <b>16,300</b> | 7,700 | 7,600 | 7,400 | 7,400 | <b>7,500</b> |             |           |               | <b>24,300</b>  |
| 5  | BFC   | Ferreira, M.<br>Carvalho, B.   |   | <b>0,500</b> | 8,000 | 8,000 | 7,700 | 8,000 | <b>16,000</b> | 7,600 | 7,500 | 7,700 | 7,700 | <b>7,650</b> |             |           |               | <b>24,150</b>  |
| 6  | AD#22 | Teixeira, S.<br>Silva, M.      |   | <b>0,500</b> | 8,100 | 7,500 | 7,500 | 8,400 | <b>15,600</b> | 7,100 | 7,300 | 7,500 | 7,300 | <b>7,300</b> |             |           |               | <b>23,400</b>  |
| 7  | C A4  | Magalhães, C.<br>Fernandes, S. |   | <b>0,500</b> | 7,300 | 7,500 | 7,400 | 7,600 | <b>14,900</b> | 7,200 | 7,200 | 7,400 | 7,200 | <b>7,200</b> |             |           |               | <b>22,600</b>  |

## I Torneio Aberto de Ginástica Acrobática - 2023

### BASE

#### JUVENIS - Par Feminino

| RK | Par   | Grupo                       | D | "D"<br>Score | E1    | E2    | E3    | E4    | "E"<br>Score  | A1    | A2    | A3    | A4    | "A"<br>Score | CJP<br>Ded. | D<br>Ded. | Other<br>Ded. | Final<br>Score |
|----|-------|-----------------------------|---|--------------|-------|-------|-------|-------|---------------|-------|-------|-------|-------|--------------|-------------|-----------|---------------|----------------|
| 8  | C A4  | Tavares, M.<br>Monteiro, F. |   | <b>0,400</b> | 7,300 | 7,500 | 7,400 | 7,900 | <b>14,900</b> | 7,000 | 7,200 | 7,200 | 7,200 | <b>7,200</b> |             |           |               | <b>22,500</b>  |
| 9  | AGPVI | Machado, C.<br>Borges, L.   |   | <b>0,500</b> | 6,400 | 6,200 | 6,200 | 6,200 | <b>12,400</b> | 6,800 | 7,000 | 7,200 | 7,100 | <b>7,050</b> |             |           |               | <b>19,950</b>  |
|    | C A4  | Silva, I.<br>Teixeira, M.   |   | <b>0,000</b> | 0,000 | 0,000 | 0,000 | 0,000 | <b>0,000</b>  | 0,000 | 0,000 | 0,000 | 0,000 | <b>0,000</b> |             |           |               | <b>0,000</b>   |



## I Torneio Aberto de Ginástica Acrobática - 2023

### BASE

#### JUVENIS - Grupo Feminino

| RK | Par | Grupo  | D | "D"<br>Score | E1    | E2    | E3    | E4    | "E"<br>Score  | A1    | A2    | A3    | A4    | "A"<br>Score | CJP<br>Ded. | D<br>Ded.    | Other<br>Ded. | Final<br>Score |
|----|-----|--|---|--------------|-------|-------|-------|-------|---------------|-------|-------|-------|-------|--------------|-------------|--------------|---------------|----------------|
| 1  | ACM | Babo, Inês<br>Tamagnini, M.<br>Martins, B.   |   | <b>0,500</b> | 9,000 | 8,900 | 8,900 | 9,000 | <b>17,900</b> | 8,600 | 8,600 | 8,300 | 8,200 | <b>8,450</b> |             |              |               | <b>26,850</b>  |
| 2  | ACM | Cruz, N.<br>Teixeira, L.<br>Costelha, H.     |   | <b>0,500</b> | 8,400 | 8,500 | 9,100 | 8,500 | <b>17,000</b> | 8,300 | 8,200 | 8,000 | 8,200 | <b>8,200</b> |             |              |               | <b>25,700</b>  |
| 3  | BFC | Montenegro, R.<br>Montenegro, I.<br>Melo, J. |   | <b>0,300</b> | 8,300 | 8,300 | 8,100 | 8,700 | <b>16,600</b> | 8,300 | 8,300 | 8,100 | 7,800 | <b>8,200</b> |             | <b>0,300</b> |               | <b>24,800</b>  |
| 4  | ACM | Almeida, F.<br>Lima, I.<br>Maciel, L.        |   | <b>0,400</b> | 8,100 | 8,000 | 8,200 | 8,100 | <b>16,200</b> | 8,200 | 8,000 | 8,200 | 7,900 | <b>8,100</b> |             |              |               | <b>24,700</b>  |
| 5  | EVS | Andrade, A.<br>Lobo, C.<br>Castro, C.        |   | <b>0,500</b> | 7,900 | 7,900 | 8,000 | 8,300 | <b>15,900</b> | 7,900 | 8,000 | 7,800 | 7,700 | <b>7,850</b> |             |              |               | <b>24,250</b>  |

## I Torneio Aberto de Ginástica Acrobática - 2023

### BASE

#### JUVENIS - Grupo Feminino

| RK | Par | Grupo  | D | "D"<br>Score | E1    | E2    | E3    | E4    | "E"<br>Score  | A1    | A2    | A3    | A4    | "A"<br>Score | CJP<br>Ded. | D<br>Ded.    | Other<br>Ded. | Final<br>Score |
|----|-----|--|---|--------------|-------|-------|-------|-------|---------------|-------|-------|-------|-------|--------------|-------------|--------------|---------------|----------------|
| 6  |     | GDCIC<br>Alves, O.<br>Santos, I.<br>Madureira, I.    |   | <b>0,400</b> | 7,800 | 7,800 | 7,300 | 8,200 | <b>15,600</b> | 7,800 | 8,100 | 8,100 | 7,300 | <b>7,950</b> |             |              |               | <b>23,950</b>  |
| 7  |     | EVS<br>Leão, E.<br>Tavares, L.<br>Oliveira, R        |   | <b>0,500</b> | 8,000 | 8,000 | 7,900 | 9,000 | <b>16,000</b> | 7,000 | 7,000 | 6,700 | 6,800 | <b>6,900</b> |             | <b>0,300</b> |               | <b>23,100</b>  |
| 8  |     | GDCIC<br>Malheiro, R.<br>Teixeira, I.<br>Moreira, M. |   | <b>0,400</b> | 7,200 | 7,200 | 7,800 | 7,500 | <b>14,700</b> | 7,300 | 7,300 | 7,800 | 7,200 | <b>7,300</b> |             |              |               | <b>22,400</b>  |
| 9  |     | AGPVI<br>Castro, A.<br>Teixeira, I.<br>Morgado, C.   |   | <b>0,500</b> | 6,400 | 6,400 | 6,400 | 6,700 | <b>12,800</b> | 6,700 | 6,700 | 6,800 | 6,800 | <b>6,750</b> |             |              |               | <b>20,050</b>  |
| 10 |     | AGPVI<br>Pinto, M.<br>Ferreira, M.<br>Costa, M.      |   | <b>0,300</b> | 6,000 | 6,500 | 6,000 | 7,000 | <b>12,500</b> | 6,500 | 6,500 | 6,200 | 6,600 | <b>6,500</b> |             |              |               | <b>19,300</b>  |

## I Torneio Aberto de Ginástica Acrobática - 2023

### BASE

#### JUVENIS - Grupo Feminino

| RK | Par   | Grupo                                       | D | "D"<br>Score | E1    | E2    | E3    | E4    | "E"<br>Score  | A1    | A2    | A3    | A4    | "A"<br>Score | CJP<br>Ded. | D<br>Ded.    | Other<br>Ded. | Final<br>Score |
|----|-------|---|---|--------------|-------|-------|-------|-------|---------------|-------|-------|-------|-------|--------------|-------------|--------------|---------------|----------------|
| 11 | AGPVI | França, M<br>Marques, L.<br>Pacheco, L.     |   | <b>0,200</b> | 6,000 | 6,000 | 6,000 | 6,200 | <b>12,000</b> | 6,000 | 6,000 | 6,500 | 6,200 | <b>6,100</b> |             |              |               | <b>18,300</b>  |
| 12 | AGPVI | Torres, A.<br>Guimarães, C.<br>Monteiro, M. |   | <b>0,400</b> | 6,000 | 6,000 | 6,200 | 6,100 | <b>12,100</b> | 6,100 | 6,000 | 6,000 | 6,200 | <b>6,050</b> |             | <b>0,600</b> |               | <b>17,950</b>  |

## I Torneio Aberto de Ginástica Acrobática - 2023

### BASE

#### JUNIORES - Grupo Feminino

| RK | Par   | Grupo                                    | D | "D"<br>Score | E1    | E2    | E3    | E4    | "E"<br>Score  | A1    | A2    | A3    | A4    | "A"<br>Score | CJP<br>Ded. | D<br>Ded. | Other<br>Ded. | Final<br>Score |
|----|-------|--|---|--------------|-------|-------|-------|-------|---------------|-------|-------|-------|-------|--------------|-------------|-----------|---------------|----------------|
| 1  | BFC   | Eusébio, M.<br>Ribeiro, I.<br>Fontes, B. |   | <b>0,200</b> | 8,200 | 8,000 | 8,200 | 7,800 | <b>16,200</b> | 7,800 | 7,800 | 7,500 | 7,500 | <b>7,650</b> |             |           |               | <b>24,050</b>  |
| 2  | ACM   | Tavares, M<br>Branco, I.<br>Grilo, S.    |   | <b>0,260</b> | 7,400 | 7,500 | 7,700 | 7,000 | <b>14,900</b> | 7,400 | 7,400 | 7,200 | 7,700 | <b>7,400</b> |             |           |               | <b>22,560</b>  |
| 3  | AGPVI | Costa, A.<br>Soares, C.<br>Rocha, L.     |   | <b>0,310</b> | 7,500 | 7,400 | 7,600 | 7,000 | <b>14,900</b> | 7,100 | 7,100 | 7,300 | 7,900 | <b>7,200</b> |             |           |               | <b>22,410</b>  |
| 4  | AGPVI | Pontes, Z.<br>Sousa, F.<br>Rodrigues, M. |   | <b>0,240</b> | 6,900 | 7,000 | 7,800 | 7,200 | <b>14,200</b> | 7,400 | 7,500 | 7,500 | 7,100 | <b>7,450</b> |             |           |               | <b>21,890</b>  |
| 5  | GMS   | Santos, B.<br>Faria, M.<br>Coelho, S.    |   | <b>0,240</b> | 6,800 | 6,600 | 6,500 | 6,800 | <b>13,400</b> | 6,800 | 6,800 | 6,800 | 6,800 | <b>6,800</b> |             |           |               | <b>20,440</b>  |



## I Torneio Aberto de Ginástica Acrobática - 2023

### BASE

#### JUNIORES - Par Masculino

| RK | Par | Grupo                   | D | "D"<br>Score | E1    | E2    | E3    | E4    | "E"<br>Score  | A1    | A2    | A3    | A4    | "A"<br>Score | CJP<br>Ded. | D<br>Ded. | Other<br>Ded. | Final<br>Score |
|----|-----|-------------------------|---|--------------|-------|-------|-------|-------|---------------|-------|-------|-------|-------|--------------|-------------|-----------|---------------|----------------|
| 1  | ACM | Soares, H.<br>Nunes, D. |   | <b>0,240</b> | 7,700 | 7,700 | 7,500 | 8,000 | <b>15,400</b> | 8,100 | 8,000 | 7,600 | 8,200 | <b>8,050</b> |             |           |               | <b>23,690</b>  |

## I Torneio Aberto de Ginástica Acrobática - 2023

### BASE

#### JUNIORES - Par Misto

| RK | Par | Grupo                     | D | "D"<br>Score | E1    | E2    | E3    | E4    | "E"<br>Score  | A1    | A2    | A3    | A4    | "A"<br>Score | CJP<br>Ded. | D<br>Ded.    | Other<br>Ded. | Final<br>Score |
|----|-----|---------------------------|---|--------------|-------|-------|-------|-------|---------------|-------|-------|-------|-------|--------------|-------------|--------------|---------------|----------------|
| 1  | GMS | Simões, J.<br>Moreira, M. |   | <b>0,160</b> | 7,600 | 7,000 | 7,400 | 6,500 | <b>14,400</b> | 6,200 | 6,000 | 6,100 | 6,500 | <b>6,150</b> |             | <b>0,300</b> |               | <b>20,410</b>  |



